

Commodore: Matt Richard  
Vice Commodore: Chuck Pennington  
Secretary: CJ Volesky

June 2018



### From the Helm

Matt Richard, Commodore



May was a very busy month, with Opening Day, the Ladies Dinner, the Oregon Offshore Race, a work party, weekly races, and so on. My goodness, we need some time to relax! And I have the perfect solution: join us on the upcoming Memorial Day weekend cruise, but to a changed location, Bartlett Landing. The river is just above flood stage, the current is strong, and the clearances beneath the Interstate and Sauvie Island bridges are limited. So, after consultation with present and past Cruise Chairs, we changed the destination from Hadley's Landing to Bartlett Landing. This was an official change coordinated with CRYA. I know, we were just there, but it's a great place to tie up and it really is about the members that show up. No doubt we'll make a party of it. Hope to see you there, especially new members! Come join us!

I've been asked to pass on a few words of dock cart etiquette. Please return the carts to their proper storage area in the parking lot next to the ice box when you are done with their use, not to the bottom of the ramps. Also, if for some reason you dirty-up the cart with debris or dust, please clean the cart and make it ready for the next member to use. Thank you very much.

Now, on to June. Heavy river flows are to continue through the month. We will be watching the flows as we approach the Beacon Rock Cruise scheduled for June 22nd through the 24th. We may need to make a destination change again, so stay tuned.

I will finish with a very hearty thank you to all who stepped forward to volunteer during our Opening Day celebration and also at the Ladies Dinner. Good times were had at both events, but it was only possible through all the terrific volunteer support that our members contributed. Thank you very much! We received many congratulations for both of these events, and we had a lot of fun in the process.

Have a fun, safe month, and I'll see you on the river.



'King' Neptune, Joby Easton, and the Daughters of Neptune on Opening Day





## Moorage Matters

Loren Beach, Moorage Chair

Last month I nattered on about maneuvering in current. Two members said they could not understand it and one said he went to sleep reading it. Perhaps it's best you all just do "searches" on the Internet, although I find that search engines generally return hits for power boating rather than sailboats. All advice is helpful, as the basic problem is the same.

As we go to press, the river is at 17 feet, and current is about 2.5 kts. Wherever you are, whether on the docks or out boating, do not (!) fall in. COLD and FAST best describe it.

We are about to fill a couple of smaller slips due to unanticipated departures. Please note that under Moorage Rules A.1.a. slips may be assigned without strict regard for waiting list position. This is caused by fitting boats to slips where, excepting Walk 1, almost all of our slips are of unequal width.

As you might notice, length of boats on each walk can vary even more than the guidelines posted for each head walk. This is because, while some members are content with less room to back up and turn, there is no way to put two boats side by side closer than a minimum number of feet. There is always a need for fender space.

Our "rule of thumb" for the two-boat bays, inherited over the decades from several prior moorage managers, is to try to have five feet of space, plus the beams of both boats in each "bay." Sometimes it will be less if one or both vessels are only wide at their mid point.

Why all of our two-boat bays are not uniform in width is a much older question, but I hear it regularly. The short answer is that when we installed new piling, we were restricted in relocating them by code, i.e. replacement/maintenance avoids starting over with permits with multiple agencies. The piling locations subsequently limit the lateral location of the finger docks. (Remember that when building/changing anything installed in the river, you must please multiple local government entities plus powerful federal agencies.)

Hope you are enjoying the warmer weather. Keep a sharp lookout for drifting logs during the next month. This near-record high water is really clearing off the upstream banks of old fallen trees, large and small.

As the saying goes, "Be careful out there".



## Vice Commodore's Report

Chuck Pennington, Vice Commodore

Greetings,

May 12th marked the last organized work party for the spring season. Much work was accomplished. Members can take pride in knowing that their efforts help make RCYC one of the nicest yacht clubs in the Portland area. With hectic work/travel schedules as they are, some members haven't yet been able to get their work hours in. So, if that's the case for you, then you still have plenty of time to get the required work hours completed before the cutoff date of June 10th.

Just as a reminder, after completing work hours, please log in your work hours on the Work Hour Log located on the wall adjacent to the men's head.



Rose City  
Youth Sailing  
Society

Rose City Youth Sailing Society  
3737 NE Marine Drive, Portland, OR 97211

Summer is fast approaching, so please remember to sign up your children, or grandchildren, for sailing lessons at Willamette Sailing Club (WSC), and/or Vancouver Lake Sailing Club (VLSC). WSC has classes and camps for youth ages 5-18. VLSC has classes for youth ages 8-18.

For current class information and applications, go online to:

<http://willamettesailingclub.com/learn-to-sail/youth-classes/>

<https://www.vlsc.org/>

Remember to ask for our club discount and email me with their names at [pamsesar@gmail.com](mailto:pamsesar@gmail.com).

Cheers,

Pam

---

## Nautical Reads

By Bill Kramer



Weather is something of which sailors should have an understanding of. Being able to predict what sort of weather you will be facing is an important part of being safe on the water. If you want to understand weather, these two books will be good resources.

The first book is **The Sailors Guide to Weather**, second edition, by Jeff Markell. If you are like me and you have always wished you understood weather, but have no idea what the symbols on a weather map mean, this book is a great place to start. The book does a very good job of explaining how weather works. After reading this book, the forecasts on your VHF or from NOAA will make more sense. You will also have a good base from which to continue more research. This was the book that made me feel like I could actually understand weather.

The second book is more in depth. **Modern Marine Weather**, third edition, is written by David Burch, who has guru-like reputation in the NW sailing community. What I discovered while reading his book is that while it is very in depth, he does an excellent job of explaining weather. After reading this book you will be on your way to understanding those weather maps on NOAA's Ocean Prediction Center. This book will give you the tools to do your own weather forecasting. The third edition came out this spring, so it is very up to date.

A third book you may want to read is **And Soon I Heard A Roaring Wind**, by Bill Streever. This is about the history of weather forecasting. Its roots can be traced back to Benjamin Franklin. Weather forecasting is actually very modern. Most of what we know about weather has been discovered in the last 80 years. It is a fun book to read, and then when you read David Burch you will know who he is talking about.

---

## Just a Reminder

By Gary Whitney

All boats in the moorage must be insured. Please provide me with a copy of your boat insurance declarations page – the page that shows what coverage you have. You may scan and email to: [RCYC.Insurance@gmail.com](mailto:RCYC.Insurance@gmail.com), or snail mail it to: 715 NE Countryside Drive, Vancouver, WA 98684 – whatever works for you. Each year, when you renew your policy, please remember to send a current copy of the Declarations Page.

All boat owners need to provide a key/combo to your boat to the Resident Members. These keys are kept in a locked box accessible only by the Resident Members and Moorage Chair/Port Captain. The keys are only used in the event of an emergency involving your boat. Resident Members reside in the first house on Walk 4 and last house on Walk 5. So, drop off a key at your first opportunity. If you use a combination lock, just email me the combination at [RCYC.Insurance@gmail.com](mailto:RCYC.Insurance@gmail.com).

And, lastly, we need emergency contact numbers for you. If you have cell phones that are always on and with you, we can use them. However, the bigger picture is if you are unavailable and cannot be reached, who could we contact that would know where you are and how to reach you? Please provide name, relationship, and telephone number (identify whether cell, work, or home).

Thank you for your cooperation.

Gary Whitney

RCYC Insurance Tracker



# Bartlett Landing Cruise



# 2018 Ladies Dinner: Barefoot Caribbean Getaway



## RCYC UPCOMING Events, Meetings, and Functions:

### June

4	Knauti Knitters	10:00am
9	Beer Can Race (ISC)	5:00pm
11	RCYC Board Meeting	7:00pm
16	Beer Can Race, Single Handed (SYSCO)	5:00pm
16	Walk 3 Barbecue	5:00pm
18	Knauti Knitters	10:00am
18	Foghorn Deadline	
20	RCYC General Meeting	7:00pm
22-24	Beacon Rock Cruise	
23	Beer Can Race (OWSA)	5:00pm
30	Beer Can Race (RCYC)	5:00pm

### July

2	Knauti Knitters	10:00am
4	Independence Day Land Cruise	
7	Beer Can Race (OWSA)	5:00pm
9	RCYC Board Meeting	7:00pm
14	New Member Orientation	9:00am
14	Beer Can Race (RCYC)	5:00pm
16	Knauti Knitters, 10:00am	
18	RCYC General Meeting	7:00pm
18	Foghorn Deadline	
21-29	Lazy Days Cruise	
21	Beer Can Race (PYC)	5:00pm
26	Lazy Days Cathlamet Potluck	5:00pm
28	Beer Can Race (RCYC)	5:00pm



## Secretary's Salutations

CJ Volesky, Secretary

May was a busy month for RCYC. We have two new membership applications in process. First, we have Patrick Burns who is the grandson of Don Ferrell. Don sadly passed away on April 22nd. Patrick is the new owner of **Gavotte**, Don's boat, and he is looking forward to getting to know his grandfather's legacy.

Second, we have Craig Alness who purchased his O'Day 27 from Greg Douglass. He has sailed a 15' Daysailer for the past six years. Craig and his wife, Pamela, are planning on renaming their new boat.

May also has seen a few resignations: Gini Linder & Colleen Sealock, Cody Allen, and Sean & Faye Whitacre have all decided to move on.

Willa Ralphs & Jim Clark, George & Sue Kapllani, and Bill Schuldt & Dawn McClard were sworn in as new members to RCYC. Make sure to congratulate them when seeing them on the docks.

Until next month, smooth sailing!

## Gate Access

If you did not send your remote number to Judy Oxborrow, your remote will not work anymore. You can get it fixed by emailing the number to Judy ([judy87807@centurylink.net](mailto:judy87807@centurylink.net)). The number needed is a 5-digit number on the white label found on the back of the remote. If your number has worn off, open the remote and the number is on a tag inside.

You will still be able to get into the gate with your Club key or your new key card. However, the key switch pedestal currently available for entry will be removed by the time this edition of the Foghorn arrives for your viewing. In addition, the swing gate will still have access with your key. Your key will still be needed to access the gate at the top of the ramp, Clubhouse, pump out station, and other buildings.

Thanks to those of you who have already reported your gate remote numbers.

CJ Volesky



---

## Ladies Dinner Thank You

By First Lady Laura Richard

Being your First Lady, I was excited in planning the annual event of the Ladies Dinner, and in a fun, Caribbean theme. I truly feel that it was a huge success because of all the volunteers that spent hours and days either decorating, collecting donations from members and local businesses, and serving the fabulous meal that was presented to a very full house.

Thanks to Chef Rick Royce in planning with me our tropical meal since January, and to Rick's crew that assisted him in preparing it all. Everything was delicious!

Thanks to John Flenniken for getting his two shifts of volunteer waiters arranged to serve us and then having to do the big clean-up. Thanks to Gary Whitney and Pat O'Bryant for bartending. Thanks to Doug McClary for managing the parking lot. Thanks to our Commodore Matt for providing background Caribbean music and assisting guests with beverages, and keeping my cocktails flowing.

A "HUGE" Thank You to my Committee; I couldn't have done this event without all of you. Thanks to: Jean Beaty, Fran O'Bryant, Jan Dees, Patti Fischer, JoNell McClary, Marili Reilly, Sue Pennington, Kathy Pickwick, Linda Shaw, Cathy Skach, Natasha VanMatre, and Roxana Alviar-Volesky.



---

## Caribbean Soup Recipe

Serves 10

Laura Richard served this Caribbean soup at the Ladies Dinner, and was asked to have it posted in the Foghorn, so here it is. Happy Cooking!

### Chicken Ginger Soup

- 12 C. Water
- 3T. Chicken bouillon
- 2 Skinless chicken breasts (put into large pot)
- 1 Head cauliflower (break into medium size florets)
- 2-3 Smaller heads of broccoli (equivalent to the cauliflower size)
- 1 Large onion, peel and cut into chunks
- 3 Carrots - wash, peel and cut into chunks
- 5 Celery stalks - wash, peel and cut into chunks
- 2-3 Cloves garlic, skinned, cut in half
- 1T. Dry thyme
- 1/4 lb. Fresh ginger, peel and cut into small chunks

Throw everything into a large pot and have it cook at a medium boil 45-60 minutes uncovered, until chicken is cooked and veggies are soft.

Remove chicken, cool, and then chop or shred.

Using either a blender or handheld immersion device, purée the soup until a medium-smooth consistency. Add the chicken back into the pot.

Taste the soup for the level of ginger strength, either adding more ginger, or not. If adding more, just peel, grate and add to pot.

The soup can be thin or thick in consistency. If you want it thicker, a roux can be added, but usually it's thick enough from all the vegetables, or close to a pea soup consistency.



---

## Racing Report

By Tod Bassham, 2018 Race Captain

I missed filing a Racing Report last month because I was, um, out racing. So, we have a lot to catch up on. Let's start with:

**RCYC Frostbite March 24.** Twenty-one boats entered this flagship event. Kudos to PRO Rock Kent and his crew for getting multiple races off in very challenging light wind/strong current conditions. Kudos also to our chef, René Emch, who boiled almost a 100 brauts in fine craft beer, grilled them with caramelized onions, and toasted potato buns to feed 60 to 70 hungry sailors, assisted by Ken Stephens and Hanna Powell. Good times had by all.

**SYSCO Crew Overboard Challenge April 21.** As if racing is not difficult enough, SYSCO wants you to successfully conduct TWO simulated crew overboard drills (one of them under spinnaker!), while also sailing as hard you can to win this pursuit-style race. Who was the idiot who came up with this idea? (Ahem). Seriously, this event is excellent training for boats planning to race the Oregon Offshore, or really any boat out on the water. When was the last time you did a Crew Overboard drill? Really, it's been that long?

**Speaking of the Oregon Offshore,** four RCYC boats participated in this international yacht race from Astoria to Victoria May 10-13. The first day was a beamy romp up the coast in confused seas left over from a southerly. The second day was a light air struggle for most boats to round Cape Flattery. The third day was an agonizing struggle to get into Victoria in time for the party, without the benefit of any wind. I was on race committee, and remember waking up Sunday morning to find Cool Change drifting near the same spot we last saw her the night before, just outside the Victoria breakwater. RC radioed to inform that we were finishing Cool Change in place. You could hear the cheers over a mile away.

**Beer Cans on Saturday!** For time immemorial, Beer Can races have been held on Friday evenings, which is great for people who like to be stuck in Friday rush hour traffic. This year, all Beer Can races will be held Saturday afternoons. The first rule of Beer Can racing is that there are no rules, other than to sail safe and have fun. Rendezvous at 1645 at Buoy 14 for some fine Saturday afternoon sailing along with a bunch of other boats that just happen to be heading in the same direction. The only event where bribing the race committee with beer, food, or bottles of Mt. Gay rum is not only permitted, but expected! Check the RCYC calendar or sailpdx.org for the Beer Can schedule.

**RCYC Medium Distance Race, May 19.** This event will be in the record books by press-time, but we are hoping for a great day racing upriver in this challenging course, which starts at the RCYC docks and winds upriver against strong spring currents, past the I-205 bridge, to round a buoy near Ackerman Island and return. The only certainty is that there will be a great BBQ afterward.

**Return of a Tradition: The Rose City Classic.** Once upon a time, I'm told, RCYC members used to all go sailing before the Walk BBQs, which turned into a casual Club race (since any boats sailing in the same direction are, inevitably, racing). I'd like to bring this fine old tradition back, starting with the June 16 Walk 3 BBQ. No registration or fuss required, just show up at the skippers' meeting at 1400 hours in the Clubhouse for a brief discussion, race will start at 1500 off the RCYC breakwater, sail down to round the red-green navigation buoy, and return to finish at RCYC in time for the BBQ. All boats welcome. Fly a spinnaker, or not, as you choose. In the anti-elitist spirit of the event, first place finishers will serve the beer afterward, and special prizes will be awarded to those who finish closest to the median.

### Foghorn Copy Deadline: 18th of the Month

*Please send your titled articles and photos to: [rcycfoghorn@gmail.com](mailto:rcycfoghorn@gmail.com)*

EDITORS: Judy Oxborrow, Janice Choy-Weber, Sheri Lee

GRAPHICS: Vickie Nissen, Rhonda Boguslawski, Cathy Skach

PHOTOGRAPHERS: All Club Members with cameras!



*Our first RCYC educational event of 2018 offered a hands-on cooking class, Sunday, May 20 featuring Crepes Snow White, Scottish Shortbread, and Coffee.*

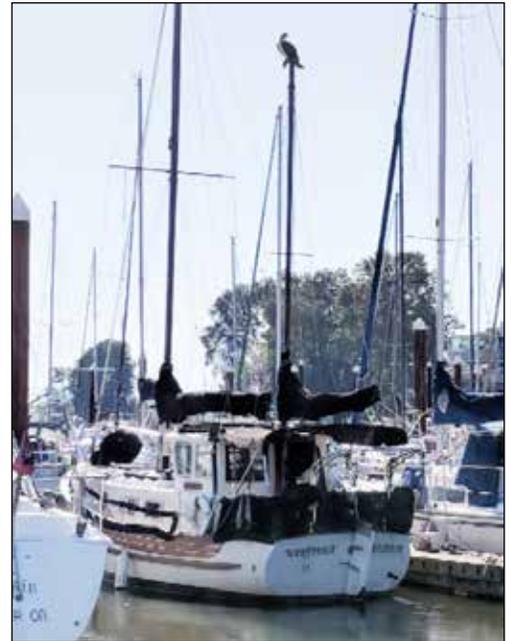
## Thoughts When Boating

By Ken Stephens

Hannah and I rented a 33' Viking Sport Fisher for 4 nights last week in Stockton, California. While reading instructions on the boat, we ran across these sentences:

A yacht is not a house; utility/municipal infrastructure systems taken for granted in a house are emulated on board the vessel using limited capacity pumps, tanks, batteries, generators, etc. Everything aboard a boat is generally kept stowed in its appropriate location so that getting underway is kept relatively painless.

Just thoughts to be passed along.



*Photo of Osprey on Kartinka by Rick Samuels*



**ROCHORNA**  
ROSE CITY YACHT CLUB

3737 NE Marine Drive  
Portland, OR 97211  
503-282-2049

*RETURN SERVICE REQUESTED*